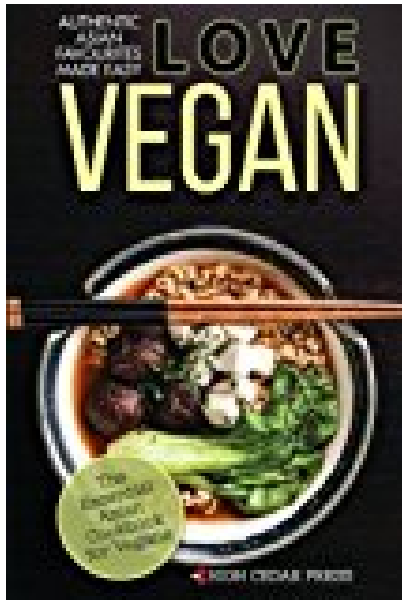


Vegan The Essential Asian Cookbook for Vegans Love Vegan Volume 3



BOOK DETAILS

- Author : High Cedar Press
- Pages : 84 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 1532833482

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BOOK SYNOPSIS

Discover Simple, Everyday Vegan Meals Inspired by Authentic Asian Flavours Asia is home to a wide range of regional cultures and this diversity is reflected in its cuisine. Love Vegan: The Essential Asian Cookbook for Vegans incorporates authentic dishes from all over the East so you can enjoy vegan versions of your favourite meals at home. All dishes can be prepared in 30 minutes or less Each recipe has been carefully tried and tested to retain an authentic taste and texture Recipes are focused around simple, straight-forward ingredients found in your pantry or easily sourced at your local supermarket Suitable for vegans, vegetarians or meat eaters looking to reduce their meat intake A delightful and tantalizing Asian vegan food journey awaits you in the recipes within this book. Whether you are a vegan, a vegetarian or a meat-eater looking to reduce the amount of meat in your diet, this book will inspire you to cook authentic Asian dishes every night of the week. Try These Easy & Exotic Asian Vegan Recipes Today... Traditional Pad Thai Teriyaki Sweet Potato with Cauliflower Rice Vietnamese Pho Malaysian Panang Curry Kung Pao Chickpeas Chinese Steamed Buns Japanese Gyoza Thai Cashew Coconut Rice Coconut Crusted Tofu Bites with Creamy Thai Green Sauce Ginger-Infused Japanese Rice Pudding And Many More Mouth-Watering Dishes! Buy Your Copy Now and Start Cooking Easy & Delicious Asian Vegan Dishes Today! Tags: vegan, vegetarian, vegetarian cookbook, vegan cookbook, vegan recipes, vegetarian recipes, dairy free, vegan diet, lactose free, egg free, asian vegetarian, milk allergy, lactose intolerance, non dairy, thai cookbook, thai recipes

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