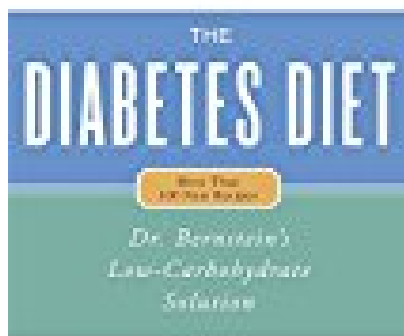


The Diabetes Diet Dr. Bernsteins Low-Carbohydrate Solution

Richard K. Bernstein, M.D.
author of *Dr. Bernstein's Diabetes Solution*



The Diabetes Diet is a practical, step-by-step guide to controlling your blood sugar. It's the only book you need to know how to live with diabetes.

BOOK DETAILS

- Author : Richard K. Bernstein
- Pages : 291 Pages
- Publisher : Little, Brown and Company
- Language : English
- ISBN : 0316737844



BOOK SYNOPSIS

This low-carb diet book is geared towards diabetics. An engineer by training, Bernstein pioneered blood glucose self-monitoring and the tight control of blood sugar that is now accepted as the standard treatment of diabetes.

THE DIABETES DIET DR. BERNSTEINS LOW-CARBOHYDRATE SOLUTION -

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